

Shanghai Travel Guide book



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Shanghai Overview

Shanghai
Travel
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book

Shanghai is China's largest and most dynamic city with a population of more than 23 million. It is an autonomous municipality in China, also one of the fastest growing cities in the world. It grows from a small county into a mega city in just a hundred years, together with China's fast development into a modern China.

Need to Know

City name: Shanghai (上海)

Time zone: UTC +8

Area code: (+86) 021

Electricity: 220V/50Hz

Population:

City districts: 16 districts

Huangpu District	Xuhui District	Changning District	Jingan District
Putuo District	Hongkou District	Yangpu District	Minhang District
Baoshan District	Jiading District	Pudong New District	Jinshan District
Songjiang District	Qingpu District	Fengxian District	Chongming District

Main railway stations:

Shanghai Hongqiao Railway Station, Shanghai Railway Station, Shanghai South Railway Station

Main airports:

Shanghai Pudong Airport, 021/6268-8918, en.shairport.com

Shanghai Hongqiao Airport, 021/9608-1388, en.shairport.com

Metro: <http://service.shmetro.com/en/>

Taxi fare: In Shanghai, it starts with 14 yuan for the first 3 kilometers and 2.5 yuan per kilometers from 3-15 kilometers, and 3.6 yuan per kilometer of the part over 15 kilometers. During 11 PM-5 AM, the initial charge rises to 14 yuan and there is a 30% surcharge per additional kilometer.

Emergency contacts

Fire: 119

Police: 110

Medical emergency: 120

Traffic accident: 122

Huashan Hospital: Foreigners' Clinic, 15F, 12 Wulumuqi Zhong Lu, Jing'an, Shanghai, Shanghai Shi, 200040. 021/6248-9999; www.sh-hwmc.com.cn.

Shanghai tourism administration: 021/6355-5032

Shanghai travel hotline: 021/962020

Shanghai Attractions in Shanghai

Travel Guide book

1. The Bund (外滩)

The Bund in Shanghai is a waterfront promenade along the west bank of Huangpu River, facing the modern skyscrapers of Lujiazui in Pudong District, which has the most beautiful skyline view of Shanghai City. It was originally a towpath for dragging barges of rice and has developed into today Shanghai's Wall Street housing most powerful banks and trading houses in Shanghai.

The travel highlights of the Bund are the 26 various buildings of different styles, including Gothic, Romanesque, Classicism and the Renaissance. They are known as the International Architecture Exhibition Group. Tourists can see them while taking a stroll along the Bund.

2. Yuyuan Garden (豫园)

Yuyuan Garden is a classic old Chinese garden in Shanghai built by an officer of the Ming Dynasty in 1577. It is also one of the must-visit attractions in Shanghai. It is located beside the City God Temple and accessible by metro Line 10 to Yuyuan Garden Metro Station. It is generally divided into six areas: Sansui Hall, Wanhua Chamber, Dianchun Hall, Huijing Hall, Yuhua Hall, Inner Garden.



3. Jade Buddha Temple (玉佛寺)

Jade Buddha Temple is one of the four Buddhist temples in Shanghai and located at Anyuan Road in Putuo District. The highlights of this temple are the two transcendent Buddha sculptures crafted from pure jade: one is a sitting Buddha and the other a reclining Buddha, both of which were imported to Shanghai from Burma by Sea.



4. Nanjing Road (南京路)

Nanjing Road is the main shopping street, also a must-visit travel site in Shanghai. It comprises two sections: East Nanjing Road and West Nanjing Road. East Nanjing Road extends from The Bund west to People's Square; West Nanjing Road stretches from People's Square to Jing'an district. Today's Nanjing Road has become the world's longest and busiest shopping district, about 5.5km long, and it attracts over 1 million visitors to come. It is an ideal place for shopping or enjoying the night view of sleepless Shanghai City.



5. Oriental Pearl TV Tower (上海东方明珠塔)

Shanghai Oriental Pearl TV Tower is the iconic building and city symbol of Shanghai. It is 468 meters in height, ranked as the world's third tallest TV and radio tower. It has an ideal location at the tip of Lujiazui in Pudong New Area by the riverbank of Huangpu River, facing The Bund in Puxi Area across the river, making it a distinct landmark in the area and the highlight of Shanghai Pudong's skyline.

6. Shanghai Disney Resort (上海迪士尼乐园)

Shanghai Disney Resort is the second Disney theme park in China after the one in Hong Kong, and opens to the public on June 16, 2016. The resort includes a theme park Disneyland, two theme hotels Toy Story Hotel and Shanghai Disneyland Hotel, Disneytown – a shopping and dining complex as well as a Wishing Star Park. It is visited by 100,000 visitors daily. It has been increasingly popular among tourists when visiting Shanghai.

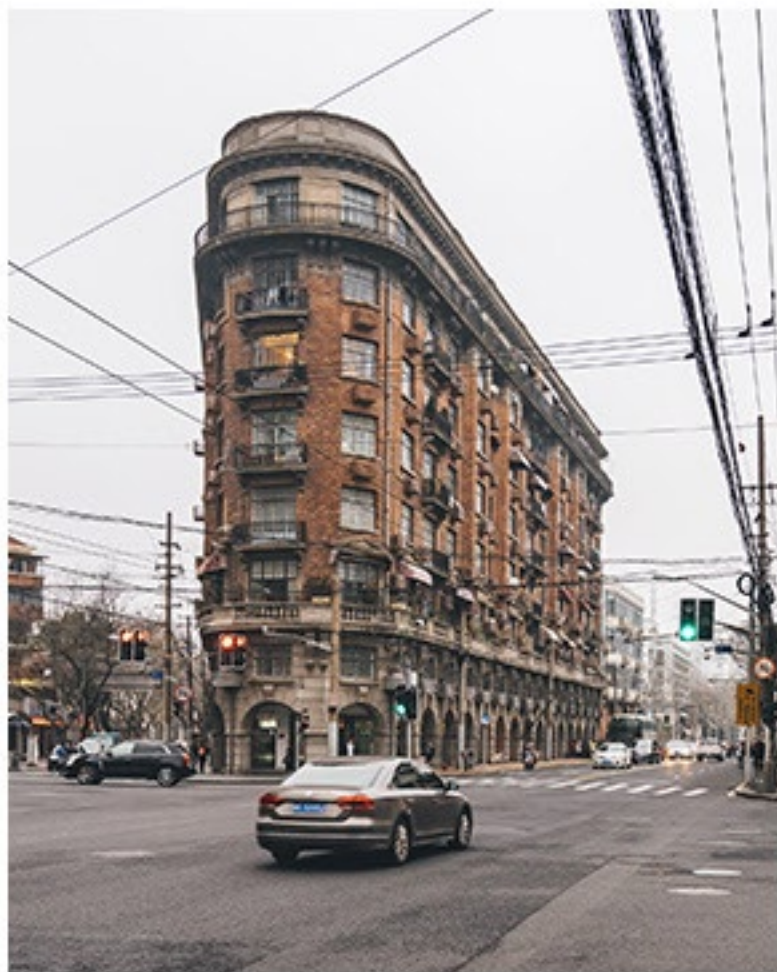




7. Tianzifang & Xintiandi (田子坊 & 新天地)

If there is a place where you can find the genuine charm and vibrancy of Shanghai City, Tianzifang and Xintiandi are the go-to places. Both of them are built within traditional Longtang, a kind of Shanghai old style residential alleyways.

Tianzifang is a touristic arts and crafts enclave, home to boutique shops, bars, restaurants, coffee shops, and trendy art studios. It has become a popular tourist spot in Shanghai, also a well-preserved area for Shikumen architecture. Xintiandi is a shopping, eating and entertainment district, filled with book stores, cafes and restaurants, shopping malls and loud music and dance places. And its buildings are reconstituted traditional mid-19th century shikumen houses with narrow alleys and inner courtyards. It is an ideal venue offering an active nightlife as well as romantic settings.



8. French Concession (上海法租界)

The former French Concession, stretching from western edge of the Old City to Huashan Road, comprises European-style villas and tree-lined boulevards, shops and cafes. Today, the concession is centered around Huaihai Road and Yan'an Road, and its streets are lined with shopping malls, boutiques, restaurants and bars. It is a good place to learn history and explore the unique beauty of this city and escape from city's bustling life.

Travel highlights of the former French Concession include Sinan Road, Tianzifang, Moller Villa, Middle Huaihai Road, etc.



9. Zhujiajiao Water Town (朱家角水镇)

Zhujiajiao is a charming ancient canal town with a history of over 1700 years, located in Qingpu district, 48km west to central Shanghai, featured with Ming and Qing Dynasty alleys, bridges and old town architecture. Old historical buildings such as rice shops, banks, spice stores and post office in Qing Dynasty can be found in this town. Famous sights include Fangsheng Bridge, Kezhi Garden and Yuanjin Buddhist Temple.

10. Shanghai Urban Planning Exhibition Hall (上海城市规划展示馆)

Shanghai Urban Planning Exhibition Hall displays Shanghai's urban planning and development with a large scale model of the entirety of urban Shanghai, showing Shanghai's existing buildings and future buildings. It also serves as a museum, covering Shanghai's urban development history from a fishing village to a megacity. It is a good place to learn more about Shanghai's past and future.



1. Huangpu River Night Cruise (黄浦江游船)

Taking a cruise in Huangpu River gives you an fascinating view of the Bund, night skyline of skyscrapers in Pudong. Cruises run from 10:00 to 21:00, and night cruise begins after 18:00, which is a popular night activity in Shanghai. Each cruise will last about 50 minutes. On a cruise, you can enjoy the spectacular sceneries of the Bund, Oriental Pearl TV Tower, Yangpu Bridge, Binjiang Road. This is an ideal way to get Shanghai's beauty in night.

2. Qibao Ancient Town (七宝古镇)

Qibao Ancient Town is a good place to go as a short trip from Shanghai downtown. You can access it by taking metro Line 9 to Qibao Station and exit from Gate 2. It is a historic water town with traditional historic buildings, alleyways, picturesque canals as well as museums. Inside the water town, you can see three arched stone footbridges: Kangle Bridge, Puhui River Bridge and Anping Bridge over the Puhui River. You can also visit a few attractions with a combined ticket including Bell Tower, Cricket House, Shadowgraph Museum, and Qibao Calligraphy Arts Room.

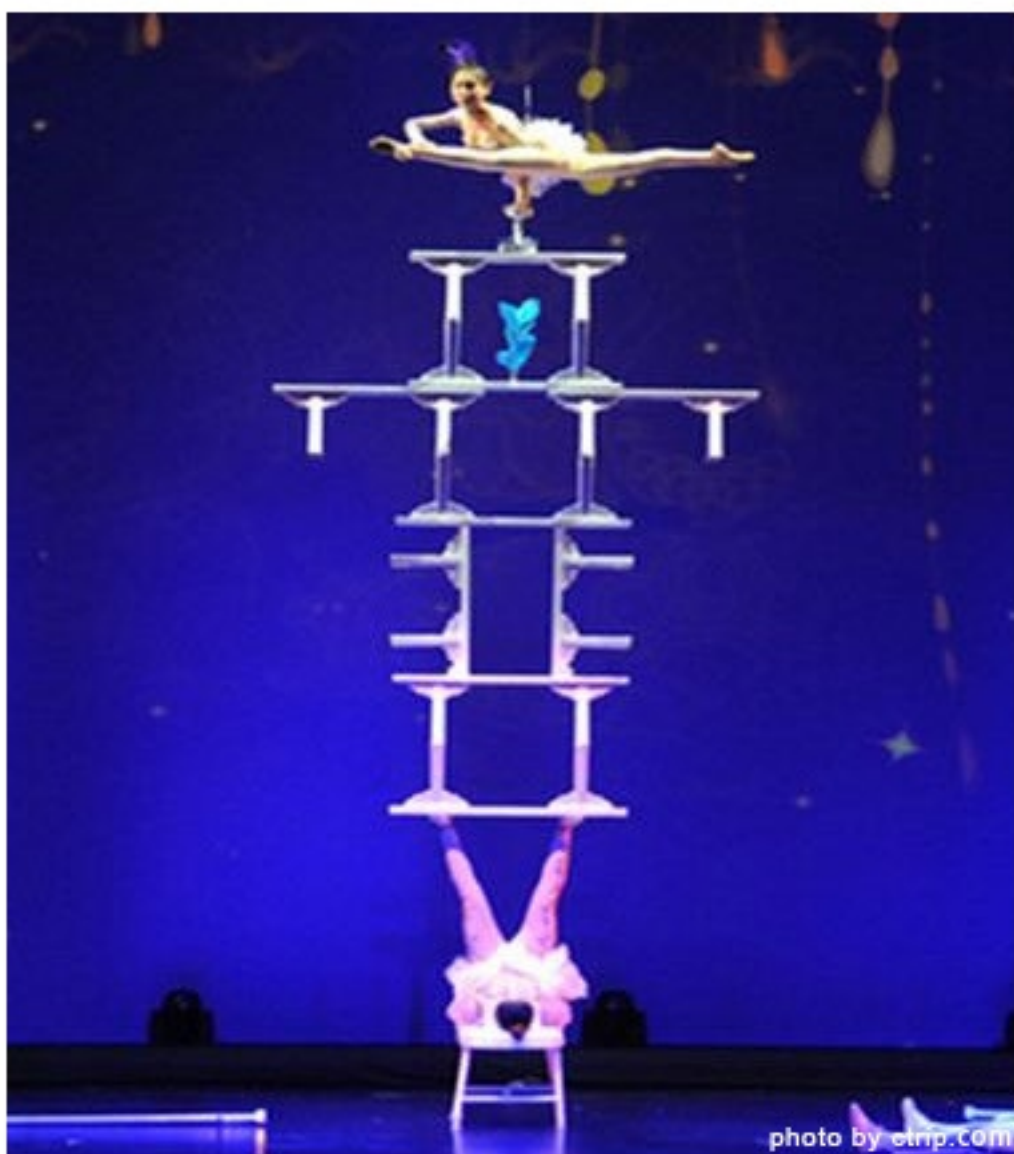


3. People's Square (人民广场)

People's Square is the geographical center of Shanghai City, an enormous public square for its citizens to stroll, dance, practice Tai chi and fly kites. It is a place where you can see local people's lifestyle: grandparents sit, drinking tea and having a nice talk, children are chasing around and playing together for fun, and women are dancing happily. The best time to visit the People Square is evening.

4. Acrobatic Show (杂技)

Acrobatic is the performance of extraordinary feats of balance, agility and motor coordination. It can be found in performing arts and sports. The performances sometimes seem scary and dangerous and there are thrills and wonders. While in Shanghai, if you want to see the amazing feats of balance and skills, you could go to the Shanghai Acrobatic Troupe, one of the best circus acrobatic shows in China. Others include Shanghai Theatre, Huxi Grand Theatre, Shanghai Cloud Theatre.



1. Xiao Long Bao (小笼包)

Xiao Long Bao, referred as soup dumpling, is a kind of Chinese steamed bun originated from Jiangnan region, especially from the town of Nanxiang in Shanghai and Wuxi. The buns are traditionally steamed in a bamboo basket named Xiao Long, hence it gets the name Xiao Long Bao. They are filled with hot soup, pork or minced crab meat and roe, even seafood and vegetarian fillings.

Nanxiang Mantou in Yuyuan Garden Shopping Street and Guqiyuan Snacks near Yan'an Crossing in Tibet Road are the most famous restaurants to eat Xiao Long Bao.

Recommended restaurants:

Nanxiang Mantou: Yuyuan Garden Shopping Street, Huangpu District

Guqiyuan Snacks Store: Yanan Crossing, Tibet Road, Huangpu District

2. Shanghai Crayfish (上海小龙虾)

Crayfish or Xiaolongxia is a famous local dish in Shanghai, served with chilli sauce and it tastes spicy. When eating crayfish in a restaurant, you will be provided with special gloves to eat. The local Shanghai people would like to eat crayfish accompanied with cold beer, which is extremely desirable in hot summer days.

The best time to eat crayfish in Shanghai is from June to September when crayfish are at their fattest.

Recommended restaurants:

FOMO Crawfish Restaurant: Middle Huaihua Road, Huangpu District

Duan Crawfish: Anyuan Road, Putuo District



3. Lion Head Meatball (狮子头)

Lion Head Meatball is a course of large pork meatballs meatball stewed with vegetables, not a real lion's head, a local dish in eastern China. It derives its name from meatball's shape, which looks like the head of Chinese guardian lion. There are two varieties: white meatball and red meatball cooked with soy sauce. The dish became a part of Shanghai cuisine with the influx of migrants in the 19th century and the early 20th century.

Recommended restaurants:

Yangzhou Lion Head Meatball Restaurant: Pudong Avenue, Pudong New District

Laozhengxing Restaurant: No.556, Fuzhou Road, Huangpu District



4. Shanghai Hairy Crab (上海大闸蟹)

Shanghai Hairy Crab, also known as Chinese mitten crab, grows in Yangcheng Lake. It is normally put on table during from the 9th and 10th months of Chinese lunar calendar, namely the autumn. The hairy crabs can be found in every market and restaurant at this time of year. It takes a bit effort to learn how to eat this species of crab. Just ask restaurant staff for help.

Recommended restaurants:

Chenglongxing Nanjing East: No.216, Jiujiang Road, Huangpu District

Xinguang Restaurant: No.512, Tianjin Road, Huangpu District



5. Tangyuan (汤圆)

Tangyuan is a Chinese dessert made from glutinous rice flour with a small amount of water to knead balls, and stuffed with sweet sesame or crushed peanut powder. It is an auspicious traditional dessert, usually served the Chinese Lantern Festival, or traditional big events like wedding day or any family reunion occasions. In Shanghai, there are many old stores to eat this dessert. Wang Jia She Confectionery Store on West Nanjing Road is one of the most famous stores to eat Tangyuan.

Recommended restaurants:

Wang Jia She Confectionery Store:
West Nanjing Road, Jing'an District

Mexin Confectionery Store: No.105,
Shanxi North Road, Jing'an District

6. Shengjianbao (生煎包)

Shengjianbao or Pan-Fried Bun Stuffed with Pork, is a type of small, pan-fried steamed buns filled with pork and gelatin that melts into soup when cooked. It is a local specialty of Shanghai, but popular across China and has become a common breakfast food. A lot of locals or tourists in Shanghai would go to Yang's Fried Dumplings, a reliable fast-food chain in Shanghai, to eat its famous Shengjianbao.

Recommended restaurants:

Yang's Shengjianbao Store: No.269, Wujiang Road,
Jing'an District

Fengyu Shengjianbao: No. 275, Shanxi South Road,
Luwan District



7. Shaomai (烧麦)

Shaomai or Shumai is a popular snack in China, with a few variants in different cities or provinces, such as in Hohhot, Inner Mongolia, Canton or Jiangnan (Shanghai and Jiangsu). Shanghai Shaomai is wrapped with a stuff made of sticky rice flavored with pork and pieces of shiitake mushroom. Shaomai is sold at food stores and restaurants in streets, and Xiasha in Beijing Xi Road is regarded as the best place to eat Shaomai, as Xiasha specializes in making Shaomai.

Recommended restaurants:

Beiwaxin: No.464, Huaihai Middle Road, Huangpu District

Xiasha Dechi Shaomai: No.5088, Hunan Road, Pudong New District



8. Pork Chop with Rice Cake (排骨年糕)

Pork Chop with Rice Cake, or Pai Gu Nian Gao is a local snack in Shanghai, originated in the 1930s. It is a deep-fried pork chop steep in a soy sauce and layered on smooth rice cakes. Tourists can find this snack in two of old and famous restaurants specialized in making Pork Chop Rice Cake – Shuguang Restaurant and Xian De Lai Restaurant.

Recommended restaurants:

Nanxiang Xiaolong: Zhenjing Road, Kangtai New City, Baoshao District

Old Kele Shanghai Cuisine: No.288, West Nanjing Road, Huangpu District

1. Shopping at Night

After a day with a full of sightseeing activities in Shanghai, you may want to take a rest and enjoy its night. Shopping is a good option then. Shanghai as an international metropolis is a shopping paradise for tourists. From shopping malls to boutiques, you will find any luxury goods, fashion clothing or souvenirs, local handicrafts, etc.

Good places to shop in Shanghai include **Nanjing Road** for local handicrafts, jewelry and fashion clothing; Xujiahui Shopping District for electronics, accessories and clothes; Yuyuan Market for arts and crafts, souvenirs and New Shanghai Commercial Center for international brand goods.

2. Bars and Clubs in Shanghai

Bars and clubs are most visited places for night activities in Shanghai, a sleepless city. As the world's fastest growing city, Shanghai is no stranger to world-class clubs and pubs, with a string of international party destinations across the city. You can enjoy and relax yourself while listening to music and having cups of drinks at night after exhausted sightseeing. Recommended bars or clubs include **Jiuzhong** Tian Jiulang, X-club, MU SE2, Cotton Club and California Club.

3. Night Markets & Street Foods

Night markets in Shanghai are mainly food streets and grocery streets. They are the reflection of the local's life. The best and authentic local food are not in high-end restaurants but in ordinary food streets, crowded with the locals. So when in Shanghai, you could take a night walk along food streets or grocery streets, eat local street foods and buy some local handicrafts in night markets.

Local food streets include Changli Road, Tongbei Road, Shouning Road, etc. Night markets are at Linfen Road, Zhongyuan Road, Dongchang Road, etc.

Shopping in Shanghai



Where to shop

Shanghai, a city of shopping paradise, is crowded with amazing high-end shops, markets and shopping centers. You can find luxury and high-end shops in [Xintiandi](#) and [Nanjing Road](#), a wide array of excellent boutiques in the French Concession. Fuxing West Road is also well worth hanging around. Other good places for shopping include: Xujiahui Shopping District, People's Square, Huaihai Road Commercial Street, Pudong New Shanghai Shopping Center, etc.

What to buy

[Shanghai Qi Pao](#) (Shanghai-style Cheongsam) is a one-piece Chinese dress for women and was the Republic of China's mandarin gown. It was popular among Chinese socialites and upper-class women in the 1920s and 1930s in Shanghai. Today, Shanghai Qi Pao are still favored by Chinese or westerner women. If you visit Shanghai, why not go and buy a Shanghai style Qipao? Famous Qi Pao stores include: The Bund Shanghai Qi Pao Store, Man Lou Lan Store, Jin Zhi Yu Ye Store and Heping Qi Pao Store.

Shanghai Silk: Shanghai is famed as silk heaven, where you can find all kinds of silk in different colors and styles and everything made of silk from bed sheets to dresses. Markets and street stores such as Shi Liu Pu Cloth Market, Silk King-Tianping Road and Jiannan Silk Shopping Center are the best places to buy silk.



How to get to Shanghai

Air: Shanghai has two airports: Shanghai Pudong Airport (PVG) and Shanghai Hongqiao Airport (SHA). Shanghai Pudong Airport mainly serves international flights while Shanghai Hongqiao Airport mainly serves domestic and regional flights.

Shanghai Pudong International Airport (PVG) is located 30km east to the city center and has two terminals. It is easily accessible by Shanghai metro Line 2 and linked by Shanghai Maglev Train with Longyang Road Metro Station, where you can transfer to line 2, line 7 and line 16.

Shanghai Hongqiao International Airport (SHA) is about 13km west to downtown and has two terminals. Terminal 1 is linked by metro Line 10 and Terminal 2 is linked by metro Line 2 and Line 10. The main train hub, Shanghai Hongqiao Railway Station is adjacent to the Terminal 2 and also linked to metro Line 2, Line 10 and Line 17.

Train: Shanghai has 4 major railway stations for passenger use. Shanghai Hongqiao Railway Station and Shanghai Railway Station are the most used train stations for high speed trains. Shanghai South Railway Station mainly serves regular trains, and Shanghai West Railway Station only serves a few regional high speed trains.

Trains from Shanghai to

High speed trains from Shanghai Hongqiao to

Destination	Duration	Price CNY for a 2 nd Class Seat	Frequency
Beijing South	5-6h	553	36
Hangzhou East	1h	73	119
Suzhou	35m	31	57
Huangshan North	4-4.5h	304	2
Nanjing South	1.5-2h	134.5	134
Xian North	6-7h	669.5	9
Guangzhou South	7-8.5h	793	4
Shenzhen North	11.5-12h	568	6
Hong Kong West Kowloon	8h17	1008	1

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